

REAL**Truth**. REAL**Love**. REAL**Hope**.

A quarterly newsletter from Pastor Jeff Schreve and *From His Heart Ministries*

Fall 2018

Discover the secret to *loving your life*

By Jeff Schreve

In my recent letter to you, I talked about the secret to loving life.

The three-step secret to loving life can be found in 1 Thessalonians 5:16-18, "*Rejoice always; pray without ceasing; in everything give thanks, for this is God's will for you in Christ Jesus.*"

The first step, we discovered, is *Never grumble, but always rejoice*. Today, let's look at the second step that can help you love life: *Never despair, but always pray*.

The hard truth is that life will deal you some difficult blows along the way. People will hurt you, trials will come, and your health will eventually falter. Faced with that grim reality, it's easy to say, "My situation in life is hopeless."

But you never have to despair, because God is able. Over and over again, the Bible tells us God is able regardless of the circumstances. We read in Scripture about countless miracles God did to show that in any and every situation, He is more than able to calm our hearts and bring us through.

That's why you can joyfully trust Him no matter the trials you may be facing. So the big question is: How do you actively put your trust in

(continued on p 2)



Find real
hope for life's
big issues

See page 3 for details ...

Inside >

- Q&A with Jeff, p. 2
- From Debbie's Heart, p. 3
- Your Gifts at Work! p. 4
- A Note to You from Jeff, p. 4



Discover the secret to *loving your life*

(continued from p 1)

God when everything within you tempts you to despair? The answer is you pray.

God works His miracles when we pray. To get in on the supernatural ability of God, you and I have to start calling upon His name.

Now, you might be saying, “Jeff, I don’t understand. How am I supposed to ‘pray without ceasing’ as 1 Thessalonians 5 commands me to do? I can’t pray 24/7.” Warren Wiersbe, the great Bible teacher and commentary writer, wrote this, “‘Pray without ceasing’ does not mean we must always be mumbling prayers. The word means ‘constantly recurring,’ not continuously occurring.”

Think of it this way: when you wake up in the morning, call to the Lord in prayer and never hang up the phone. Keep the line of communication open all day long. All throughout the day you can say, “Lord, I have a problem here. Will You help me with this?” You’re constantly talking to the Lord ... and trusting Him to respond as only He can.

Are you worried about something in your life today? Bring that worry to the Lord. Don’t despair and say, “My situation is hopeless.” Say aloud, “My situation may be great, but God is greater! He is for me and promises to help me!”

When Lazarus died and was put in the grave, his friends and family said, “It’s over. It’s hopeless. He’s dead.” But it ain’t over till Jesus says it’s over. And the Lord raised him from the dead four days later. You might have something in your own life that’s dead. Don’t give up! Keep praying!

It is possible to love life even in the midst of difficult circumstances. But the only way to experience the peace and joy God wants to give you is to stop doing it your way and start doing it His way. Start today by making a choice to *Never despair, but always pray*. Then you’ll see God coming through for you ... and you’ll discover the secret to loving life!

If you’d like to listen to my entire message called “The Secret to Loving Life,” it’s one of the sermons included in my new 12 Timeless Favorites collection. See page 3 for details about how to get your own copy.



Q&A

with Jeff

Q: There are so many demands in life, as well as unexpected problems. What are some practical things believers can do to cope with the pressure?

A: Sometimes it’s as simple as reevaluating what’s truly important when you look at it from God’s perspective. In Luke 10, Martha was worried and stressed because Mary wasn’t helping her fix dinner for Jesus. Instead, Mary was “seated at the Lord’s feet, listening to His word” (Luke 10:39). Jesus told Martha that it was her, not Mary, who needed to make some changes. When all is said and done, what truly matters is placing our lives at the feet of Jesus and surrendering ourselves to Him.

Q: What Bible verse or passage has helped you the most in a difficult season in life?

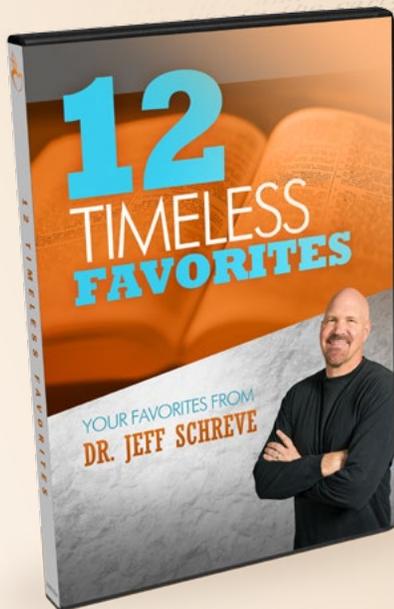
A: One that’s special to me is Isaiah 26:3. It speaks of the promise of God’s peace. Isaiah 41:10 reminds me not to look around at my circumstances and worry, but to look to the Lord in confident assurance. Romans 15:13 encourages me too with the fact that God is the God of hope. No matter how bleak my situation may be, there is hope because God is still on His throne and He is more than able to meet my needs.

Find Encouragement in Our Online Community of Faith

Visit fromhisheart.org today and click on the Facebook and Twitter icons on the homepage—and be encouraged by the online community of faith you’ll discover!



Find *real hope* for life's big issues



Dear Friend,

I'm excited to send you a collection of some of my most popular messages ever, called *12 Timeless Favorites*. Sharing God's life-giving answers to some of the toughest issues we all face, the collection includes messages like ...

- "The Secret to Loving Life"
- "How Could a Good God Allow So Much Suffering?"
- "In the Cave of Depression"
- "When Life Begins"
- "When You Feel Like Quitting"
- "Why You Act the Way You Do"

12 Timeless Favorites is my way of saying thanks for your gift this month of \$30 or more. It's available on CD, MP3 download, or on a USB flash drive. So request your copy of this new collection on the enclosed reply card today!

From Debbie's Heart: Hope when you are overwhelmed and worn out!

By Debbie Schreve

Remember the creation story in the book of Genesis? Each day's creation was good until day 7. On that day something changed when God saw that it wasn't good for the man to be alone. So He created "a helper suitable for him" (Genesis 2:18). This "fashioned" creation—woman—made things that were initially good ... *VERY* good.

So often, we women don't feel good about ourselves, much less very good. In the day and age in which we live, we are busier than ever. We are the definition of the word *multitasking*. We love Jesus, we birth children, we raise children, we manage our homes, we have jobs outside the home, we care for aging parents, we serve in our churches and communities, we help our husbands ... and these are just a few drops in the bucket. Now add to that mix our hormones (or lack of them), and we can easily become exhausted and overwhelmed, and struggle with feeling defeated.

If that describes you today, you are NOT alone! I can totally relate. Like you, I have a lot of responsibilities that won't go away. And like you, I have some things on my



plate that can go away. These are things I've added to my schedule because I wanted to, but they truly are optional.

I want to encourage you today to take your overwhelming list of responsibilities to the Lord and ask Him to show you which ones you should take off your list. I've learned there are seasons in life (Ecclesiastes 3:1) when I have to be *VERY* strategic about the activities in which I allow myself to get involved. Seasons change! Things won't always be as they are now.

Unfortunately, there are times when there is nothing on your list that is negotiable. Your list is full, you are worn out, and you feel like a failure. This too is a season. At these times you must ask the Lord to give you an extra measure of His abundant grace. Ask Him each day to direct your steps, to multiply your time and energy, and to enable you to do all that you need to do. Keep trusting Him because He is a good God and He loves you.

Remember: "[You] can do ALL things through [Christ] who strengthens [you]" (Philippians 4:13).

A Note to You from Jeff

Dear Friend,

All of us can relate to problems and trials in life.

The devil is at work in times of trouble. He wants to wear us down with his lying accusations and faithless conclusions so that we will despair, throw in the towel, and quit.

But what the devil tries to use to destroy you, God uses to make you stronger than ever.

God uses pressures, afflictions, and difficulties to develop perseverance in you—the ability to bear up under the worst of circumstances. The root word in *persevere* is “severe.” Maybe you’re facing some severe situations right now. Maybe you feel like throwing up your hands and giving in to the fear and desperation. Don’t!

The Lord wants to teach you and me perseverance. The apostle Paul said, “*We also exult in our tribulations.*” Why? Because “*tribulation brings about perseverance; and perseverance, proven character; and proven character, hope*” (Romans 5:3-4).

I don’t know what you’re dealing with today, but God does. All you can see is what’s in front of you right now, but God sees the end of that difficulty. And the Lord says to you, “*Don’t let the devil cause you to quit. Just wait on Me.*”

We all need to be reminded to persevere, because as we read in Galatians 6:9, “In due time, we will reap if we do not grow weary ...” So I hope you’ve been encouraged as you’ve read through your newsletter today—because there is hope, strength, and victory as we keep trusting in the Lord!

Thank you for any gift you’d like to send today to help share the hope of Jesus with more lost and hurting lives across our nation—and around the world—via television, the radio, and online.

It’s such a joy to proclaim God’s Word together and bring real truth, real love, and real hope to millions of people. May God richly bless you!

Love,



Your Gifts at Work!

Everybody needs encouragement from God’s Word to get through the challenges of life, and you have helped bring real hope to people like Gary and Allen ...

“Thank you for the inspiration on a daily basis. Your messages give me hope and drive to continue during bad and good times.” — Gary

“Pastor Jeff, if it were not for you and From His Heart, I would never have known how to come to Jesus and accept Him as my personal Lord and Savior. You are an inspiration to me and my family. My wife and I are truck drivers, and every day your messages touch our hearts and our souls, and help us make it through each day of our lives.” — Allen

That’s the powerful impact of your generous support. And one of the big ways you can expand that impact and tell even *more* people about Jesus is by becoming a Vision Partner. Our VPs are the backbone of this ministry. They provide a regular monthly gift to *From His Heart*. You can find out more about how to become a Vision Partner, by going online and clicking the Vision Partner link.

From His Heart Cruise

***From His Heart* invites you to join Dr. Jeff Schreve for a 2-week trip of a lifetime:**

A Mediterranean cruise aboard the *Norwegian Spirit*—following in the footsteps of the apostle Paul.

April 26 – May 9, 2019

We’ll visit Rome, Athens, Corinth, Santorini, Mykonos, Crete, Malta, Sicily, the Amalfi Coast, and Florence.

Go to www.fromhisheart.org/paul for more information.

Or call 903-831-6000 and ask for Wendy Stephens.

