

# THE FEAR OF THE FUTURE

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Psalm 46:1-11

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*God is our refuge and strength, a very present help in trouble.  
Therefore we will not fear, though the earth should change,  
and though the mountains slip into the heart of the sea.*

*Psalm 46:1-2*

**What do you do when you fear the uncertain future?**

**1. Remember that God is your refuge.**

A. He will shelter you in every storm.

*You are my refuge in the day of disaster. Jeremiah 17:17*

B. He wants you to run to Him in your trouble.

*The name of the Lord is a strong tower; the righteous  
runs into it and is safe. Proverbs 18:10*

**2. Remember that God is your help.**

A. He will give you strength in your storm.

*He gives strength to the weary, And to him who lacks might  
He increases power. Isaiah 40:29*

B. He will give you joy in your storm.

*There is a river whose streams make glad the city of God,  
the holy dwelling places of the Most High. Psalm 46:4*

**3. Remember that God is in control.**

A. He wants you to relax.

*Cease striving and know that I am God. Psalm 46:10*

B. He wants you to trust Him.

C. He wants you to know He will be exalted.

*I will be exalted among the nations, I will be exalted  
on the earth. Psalm 46:10*

**What does the future hold? All the glory of God!**